Ideally feedback will be provided in a face-to-face discussion where the trainee official can take notes. However, this may not always be possible; the following form may be useful in these circumstances.

Name: POS / Moderator’s name:

Name of competition: Date of events:

**Skills / knowledge demonstrated by this official**

For example: knowledge of rules, accurate element identification, knowledge of GOE guidelines (ISU Communications) and Program Component criteria, ability to explain and support GOEs and PCs / stroking element marks / technical calls, and ability to assess deductions and violations as appropriate.

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**Areas for improvement / Next steps**:

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**We recommend trainee officials set aside time for self-reflection on training activities.**

What went well? What didn’t? What was helpful? What wasn’t? What have you learned? How might you have prepared differently? What are your next steps? Do you need to reach out for help or further training (contact Officials’ Director)?